

TREATMENTS FOR MEN

Gentleman's Facial (55mins)	€70
Therapeutic Body Massage (55mins)	€70
Relaxing Back Massage (30mins)	€40
Gentleman's Escape (55mins) (1/2 massage - 1/2 facial)	€70

BEAUTY TREATMENTS

MAKE-UP

Make-up Application	€28
Bridal Make-up	€35
Trial & Wedding Day Make-up	€60
Make-up Lesson	€55
<i>Bridal Packages available on request</i>	

TANNING

Body Buff & Spray Tan	€60
Full Body Spray Tan	€30
Half Body Spray Tan	€25

PROFESSIONAL NAIL CARE TREATMENTS

Regenerating Spa Manicure (55mins)	€60
Rejuvenating Spa Pedicure (55mins)	€60
Mini: Mani & Pedi (55mins)	€60
Bare Essentials: File & Polish Fingers and Toes (30mins)	€25
Maintenance Manicure	€30
Maintenance Pedicure	€35
File and Polish	€20

TINTING

Eye Lash Tint (Requires a patch test 24hrs prior)	€15
Eyebrow Tint	€9
Eye Lash Tint, Eyebrow Tint, Eyebrow Wax	€30

FINISHING TOUCHES

Full Leg Wax	€35
Half Leg Wax	€15
Half Leg & Bikini Wax	€25
Bikini Line Wax	€12
Underarm Wax	€12
Lip Wax	€9
Brow Wax	€9
Full Leg, Bikini, Underarm, Lip, Brow Wax	€55

Please be advised a cancellation fee of 100% will be included where a guest does not show for treatments or does not cancel at least 4 hours in advance.


Randles Court Hotel
KILLARNEY

Zen dayspa

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FREE PARKING


Randles Court Hotel
KILLARNEY

Zen dayspa



AT ZEN DAY SPA WE STRIVE TO HELP OUR GUESTS ACHIEVE A BALANCE OF HEALTH AND WELLBEING THROUGH THE ELIMINATION OF STRESS AND TENSION.

OUR PROFESSIONAL SPA TREATMENTS UTILISE THE PUREST ORGANIC CERTIFIED PRODUCTS WHICH ARE HAND-MADE LOCALLY BY FLOURISH ORGANICS - AN ARTISAN SKINCARE RANGE, ENRICHED WITH HIGHLY THERAPEUTIC PLANT OILS AND NATURAL INGREDIENTS.



Begin your spa experience with time in the Sauna, Steam or Heated Pool followed by your selected Zen Signature Spa, Face or Body Treatment. Allow us to take care of your needs with our personalised expertise and quality treatments for a truly relaxing and therapeutic experience. Our face and body treatments are designed for both ladies and gentlemen.

ZEN SIGNATURE SPA TREATMENTS

AROMATHERAPY RITUAL FOR LADIES

(2 hours) €160
This unique ritual begins with an invigorating body exfoliation after which the body is immersed in an aromatherapy mineral bath to soothe the body and mind. A soothing aromatherapy massage with aromatic essential oils completes this treatment.

GENTLEMENS' TIME OUT

€160
An invigorating lemongrass body exfoliation, soothing herbal hydrotherapy bath followed by a deeply relaxing therapeutic massage (2 hours)

All premier packages include 15 minutes relaxation and use of Spa robes and slippers

FACE TREATMENTS

ANTI AGEING FACIAL

€110
Rejuvenating for maturing skin (90mins)

HYDRATING FACIAL

€75
Nourishing for normal/dry/sensitive skin (55mins)

BALANCE FACIAL

€75
Deep cleansing and rebalancing for oily/combo skin (55mins)

REFRESHER FACIAL

€45
A mini-facial specifically for your skin type (30mins)
Combine any Facial with a Relaxing Back Massage Add €20

BODY TREATMENTS

SWEDISH BODY MASSAGE

€70
Therapeutic traditional European style massage, focusing on specific areas of concern (55mins)

HOT STONE RITUAL

€110/€70
A full or half body massage ritual utilising deeply warming and therapeutic basalt stones (80/40mins)

LOMI LOMI MASSAGE

€70
Hawaiian massage with flowing soothing rhythmic movements (55mins)

HOLISTIC MASSAGE

€70
Full body massage for deep relaxation and stress relief (55mins)

AROMATHERAPY MASSAGE

€75
Gentle and soothing with the therapeutic benefits of pure essential oils (55mins)

DEEP TISSUE MASSAGE

€80
Targets deep seated tension with firm pressure and specific muscle releasing techniques (55mins)

RELAXING BACK MASSAGE

€40
Muscle relaxing and tension releasing (30mins)

BODY EXFOLIATION

€35
Energising lemongrass and apricot kernel body polish leave your skin feeling soft and radiant (25mins)

SHEER BLISS

€80
An invigorating back exfoliation followed by a relaxing back, neck, face, head and shoulder massage, finishing with a hot stone foot massage (55mins)

HYDRATING COCOON

€95
A moisture replenishing body wrap (55mins)

DETOX REJUVENATOR

€95
Detoxifying body envelopment (55mins)

FOOT REFLEXOLOGY

€70
A detoxifying and relaxing treatment which stimulates the whole system through massage of specific points on the feet (55mins)

REIKI

€70
An energy healing treatment working on the body's own energy field to relax, cleanse and re-balance the body and mind (55mins)

HOPI EAR CANDLING

€55
A natural gently cleansing treatment for the ear canal (45mins)

PREGNANCY TREATMENTS

RITUAL FOR MOTHER-TO-BE

€100
Lighten-up foot and hand treatment followed by Cleanse Your Mind, face neck & shoulder massage (90mins)

PREGNANCY MASSAGE

€70
A complete soothing and calming body massage for mums to be (55mins)

BACK, NECK & SHOULDERS

€60
A deeply relaxing massage focusing on the areas of most tension (45mins)

CLEANSE YOUR MIND

€35
A hypnotic face, neck and shoulder massage to relax and unwind (30mins)

LIGHTEN UP FOOT & HAND TREATMENT

€35
Relaxing foot soak with a gentle hand, foot and lower leg massage (25mins)

